

SCHEDULE

Friday, December 6, 2024

P.M.

4:00	Arrival: Afternoon Snacks (Health Break)
5:00	Conference 1
6:30	Evening Prayer
7:00	Supper
8:00	Night Prayer

Saturday, December 7, 2024

A.M.

6:30	Morning Prayer
7:00	Holy Mass followed by Breakfast
9:00	Conference 2
10:00	Health Break
10:30	Workshop/Processing
12:00	Lunch / Rest

P.M.

2:30	Energizer
2:45	Conference 3
3:45	Health Break
4:00	Preparations for Confessions
4:10	Confessions
6:30	Evening Prayer
7:00	Supper
7:30	Film Viewing
9:00	Night Prayer

Sunday, December 8, 2024

A.M.

7:00	Morning Prayer
7:30	Breakfast
8:30	Conference 4
10:00	Health Break
11:00	Holy Mass followed by lunch Departure for Home

That in All Things God May Be Glorified

Advent: A Journey of Hope Towards Joy and Peace

Rev. Fr. Anselm Manalastas, OSB
Retreat Facilitator

Date: December 6-8, 2024



Venue: **St. Scholastica's Center of Spirituality**
Brgy. Iruhin West, Kabangaan Road
4120 Tagaytay City

Reservations

SSCS Information Office.: **0945 9626 328**



Rev. Fr. Anselm Manalastas, OSB
Retreat Facilitator

Fr Anselm entered the Abbey of Our Lady of Montserrat in Manila as a postulant in 1991. A year later, he became a novice, with St. Anselm of Canterbury as his Patron Saint. He then professed his simple and solemn vows in 1996 and 1999, respectively. He received priestly ordination on 24 November 2002, Christ the King Sunday. Fr Anselm loves history. He currently teaches Monastic History to the Postulants and Novices of the Abbey and History of Salvation to the students at the College of Law in San Beda University. He is a licensed carpenter.

Advent is a season of anticipation for the coming of Jesus who is Emmanuel—God-with-us. With Mary and Joseph, we long for the salvation that Jesus brings to humankind. How do we celebrate Advent? Do we give justice to this season? How may we spiritually benefit from our celebration of Advent, apart from Christmas?



This retreat will hopefully help us better appreciate and celebrate this season of hope that leads to joy and peace in our families, communities, and the world. With the Rule of St. Benedict as our guide, we shall journey through Advent in a spirit of celebration.